

IBC Week 4
Week of 10/6-10/10

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Krispy Kreme	Eggs & Bacon	Pancakes	Sausage, egg &	Breakfast	Continental	Cereal
	Doughnuts		Waffles	cheese biscuit	Casserole	Breakfast	Juice
	Juice						Fruit
	At the Fellowship Hall						
Lunch	Guest Chef Meal	Cheesy Potatoes	Lasagna	Build your own	Italian Pasta Bake	Chicken Tenders	Burgers and Dogs
		w/ham	Bread Sticks	Sandwich	French Bread	French Fries	on the grill
		Mixed Veg.	Jell-O	chips	Pudding	green beans	chips
		rolls		cookies		biscuit	drinks
							dessert
							ALL YOU CAN EAT!!!!!!
							AT THE DORM
Dinner	Sandwiches	Apricot Honey	Glazed Ham	Chicken Fried Steak	Beef Stroganoff	IBC leftovers	Lunch leftovers
	Chips	Chicken	Roasted Potatoe	Mashed Potatoe	over egg noodles		
	Fruit	Green Beans	Mixed Vegetables	Country Gravy	buttered corn		
	Dessert	White Rice	Cheesy bread	Corn	Green Jell-O		
		Dinner rolls		Biscuits	Dinner roll		
					Dessert		
Salad Bar will be available for both Lunch and Dinner meals.							